

Activities Unlimited

Volume XXXII Issue X

October, 2018

Activities Unlimited General Meeting

Tuesday, October 9, 2018 Breakfast

9:00 am at The Brick House

179 Godwin Avenue, Wyckoff, NJ.

The time for our annual breakfast is right upon us so send in your check and reserve your spot because you really don't want to miss out. Our speaker is State Senator Gerald Cardinale of the 39th District. Senator Cardinale is the second longest serving member of the state senate, 1982. His broad experience and current read of the important issues and what's going



on in our state and about the workings on the NJ Legislature will be of interest to us all. The Brick House will be serving a full buffet breakfast so please send your \$13 check payable to Activities Unlimited to **Vince Tortorelli**, 39 Princeton Ave., Wyckoff, NJ 07481. Any questions please call Vince at (201)447-3718 or cell (201)316-2961.



Our **November** speaker will be Jeff Tittle, Senior Chapter Director of the Sierra Club. Jeff will talk to us about important issues regarding the environment in our state.

The **December** program will be Holiday Songs by the Golden Apple Chorus a group of Sweet Adeline Singers

AU Annual Christmas Dinner/Dance at The Seasons

Monday, December 10, 2018, 5:30 – 9:30 PM

See page 3 for details

See page 8 for Registration Form.

Membership Dues

Membership dues, **\$50.00**, for 2019 are due no later than **December 31, 2018**. Please send your check for \$50.00 payable to "Activities Unlimited" to: **Douglas Cooper**, 15 David Alan Way, Montville, NJ 07045

ACTIVITIES UNLIMITED

GENERAL MEMBERSHIP INFORMATION



2018 OFFICERS



Jim Webb
President
201-337-7982



Joe Pullaro
1st Vice President
201-337-0018



Vincent Tortorelli
2nd Vice President
201-447-3718



Howard Vogel
Secretary
201-612-2237



Mark Cohen
Treasurer
201-337-4198



Doug Cooper
Asst. Treas.
908-907-1112

COMMITTEES & CLUBS			
GROUP	CONTACT	PHONE	MEETING
AU Guys Band	John DeSantis	201-447-0256	
Book Club	Vince Tortorelli Joe Clinton	201-447-3718 201-447-2261	4th Wed. 9:30
Dup. Bridge	ED Foldessy	201-327-5767	Wed 1 pm Larkin House
Rub. Bridge	Bob Mulligan Dave Kampschmidt	201-447-8837 201-405-2043	M,F 1:00 pm Franklin Lakes Ambulance Building
Care-Concern	Doug Cooper Paul Hennion	908-907-1112 201-891-4716	
Chaplain	Rev Andy Kadzban	201-485-8589	
Computer	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-825-7541	3rd Wed. 10:00
Gardening	Joe Lamela Rick Sneyers	201-327-8137 973-248-6625	1st Wed. 10:00
Golf	Bill Bryne Jim Webb	201-447-5064 201337-7982	Thursday
Hiking	Long Don Kirkpatrick Rick Sneyers	201-337-5666 973-248-6625	Mon 9:00
	Short Fred Theile	201-981-1801	Mon 9:30 WRC
Historian	Victor Pizzolato	201-612-0038	
History	Pablo Catangay Tony Mastandrea	201-684-1217 201-327-8832	4th Monday 1:00 pm
Investment	Al Connelly	973-616-0755	Thru after the AU General Meeting 9:30
Luncheon	John Abrahamsen Mark Cohen	201-848-8037 201-337-4198	

COMMITTEES & CLUBS			
GROUP	CONTACT	PHONE	MEETING
Membership	Walt Widmer Dick Hensch	201-562-8666 201-891-1309	
Newsletter	Lou Guarneri Dick Hensch	201-847-1981 201-891-1309	
Pickleball	Tim Tracy	201-560-8911	Tues, & Thus. 9:00 am.
Project Outreach	Marty McGonigle Joe Pullaro	201-529-1941 201-337-0018	
Photography	Murry Perl Sam Ohan	201-261-7276 201-825-0437	1st Tuesday 10:00 am
Public Disc.	Walt Widmer Tom Butler	201-562-8666 201-934-8161	2nd Wednesday 9:30 am
Refreshments	Jim Forbes John Gannaway	201-825-0523 201-485-7881	
Science	Jack Yurasek	201-337-4433	3rd Tuesday 10.00 am
Skiing	Bud Brooks Jack Yurasek	201-327-6649 201-337-4433	Snow
Sponsor Liaison	Jim Mallen	201-485-8589	
Stock Market	Mark Cohen John Abrahamsen	201-337-4198 201-848-8037	2nd Tues. 9:00 am 4th Tues. 9:00 am
Tennis	Dave Burleigh Bob Meyers	201-762-3707 310-254-8699	M,W,F
Transport.	Frank Nusspickel	201-891-9099	
Trips/Tours	John Caikowsky Don Wasson	973-599-1056 201-891-1873	Morning of AU General Meeting 10:30 am
Web-Master	Don Kirkpatrick	201-337-5666	

Please remember that WRC is a smoke-free environment. **This includes E-Cigarettes.**

At the **Sept** meeting \$96.00 was collected for the Wyckoff Reform Church Food Pantry.

The deadline for November 2018 Newsletter articles is 5 PM Saturday, October 27, 2018. When submitting articles please use font: Times New Roman 11 pt. (not bold). Email: lguarneri03@gmail.com and jrhensch62@gmail.com or mail to: **Lou Guarneri**, 128 MacLeish Court, Mahwah, NJ 07430

Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.
Sign up sheets are nice, but money talks. Get your check in ASAP, don't wait 'til it's too late.

Tuesday, October 9, 2018 AU Breakfast

At the Brick House, 179 Godwin Avenue, Wyckoff, NJ starting at 9 AM. Our speaker will be long time member of the state legislature State Senator Gerald Cardinale of the 39th District. **Cost is \$13 per person.** Please send in your checks, payable to Activities Unlimited, to: **Vince Tortorelli**, 39 Princeton Ave., Wyckoff, NJ 07481. Any questions call Vince at 201-447-3718

Wednesday — October 24th, 2018 Oktoberfest —

At the Brownstone, 11 am. Includes Lunch: 2 Drinks, Potato Soup, Rosemary Chicken & Sauerbraten, Dessert, Beer, Coffee, Tea, & Soda. Music by the GB Band, playing lots of German Music. Wives/significant others are invited. Cost \$52. pp Mail checks payable to Activities Unlimited to:

Larry Restieri, 105 Fisher Rd., Mahwah, NJ 07430 Questions call Larry: 201-825-5843

Monday, December 10, 2018 Christmas Dinner/Dance at The Seasons.

There will be no valet parking. It will run from 5:30 – 9:30 PM and cost **\$69.00** pp. The reservation form is on the last page of this Newsletter. **All checks must be RECEIVED (NOT POST MARKED) no later than Thursday November 15, 2018 - NO EXCEPTIONS.** Checks received after this date automatically go on a waiting list - NO EXCEPTIONS. If you plan to sit with a group, please send one form together with all names and everyone's check .

Any questions call: **Bill Mastellon** 201-447-1417 or **John Murphy** 201-447-0921.

Print and send your form and checks for \$69.00 pp made payable to Activities Unlimited directly to: Bill Mastellon, 101 East Oak Street, Unit G-6, Oakland, NJ 07436

2019

Monday, January 21, 2019 — Lunch at Savini's in Allendale, NJ

Join us for an afternoon of good food & fellowship. A four course lunch served with pasta, soup or salad, choice of Veal, Chicken or Fish. Dessert includes, an Italian Vanilla Gelato Nut Log. Cash Bar Available. Cost \$26.00 pp. Wives/significant others are invited. Time 12:30 pm. Make checks payable to Activities Unlimited & mail to: **Larry Restieri**, 105 Fisher Rd., Mahwah, NJ 07430.

Snow date, Wednesday January 23, 2019 . Questions call Larry: 201-825-5843

March — St Patrick's Day

April —

May — Luncheon

June — Lake Hopatcong

Welcome New Members

Name (Spouse)	Address	Employment	Interests	Phone/Email
Anthony J DiIorgi (Patricia)	113 Schindler Court Parsippany, NJ 07054	Field Engineer Sperry Marine	Computers, Luncheon, Science and Trips & Tours	Home: 973-428-0431 Cell: 973-216-7028 Email: panthontd@optonline.net

Obituary

We are sad to report that AU member **Harold Hlad** passed away on January 2nd at age 95



Duplicate Bridge Results

		1st	2nd	3rd
9/5	NS	Yampell/Lewis	MacDougall/ Desrosiers	Smith/Freimuth
	EW	Pingili/Anand	Page/Altamuro	Peck/Hulit
9/12	NS	Anand/Desrosiers	Mahmarian/Barbera	Zelhof/Boylan
	EW	Spence/Groesbeck	Peck/Warner	Freimuth/Hulit
9/19	NS	Anand/Martin	Smith/Warner	Lewis/Zelhof Mahmarian/Bidwell
	EW	Wong/Groesbeck Randolph/Freimuth	—	Meloro/Boylan
9/26	NS	Foldessy/Hulit	Barbera/Warner	Bidwell/Milcos
	EW	Altamuro/Martin	Anand/Peck	Freimuth/Yampell

AARP TAX-AIDE SEEKS VOLUNTEERS FOR 2018 SEASON

AARP Tax-Aide Volunteer Program is seeking volunteers to help primarily low to moderate income New Jersey taxpayers by providing critically needed service and assistance in filing their 2018 Federal and State tax returns. There is no fee and the service provided is free.

Volunteers do not need to be an AARP member to participate. Computer proficiency is necessary. Willingness to use your own personal laptop in the preparation of tax returns would be helpful and appreciated.

AARP Tax-Aide volunteers receive free tax training and are reimbursed on a limited basis for qualified program related expenses. They help taxpayers at various sites (Hawthorne, Wayne, Ringwood, West Milford, Clifton, Paterson and Passaic) in the Passaic County area. The volunteer service is spread out over a ten week period (February 1 to April 15, 2019)

This could not be done without the help of volunteers who make an indelible mark on those communities that they help. You will find the work of assisting people of limited means to be rewarding and fulfilling. Make a difference in your community. Become an AARP tax-aide program volunteer.

For more information on how you can join the Tax-Aide program and be of assistance to taxpayers, contact **Ed Schlachman** at 973-423-1459 or at edandjune@aol.com



The Computer Technology Club

There were over 25 AU Members in attendance at the Wednesday, September 19, 2018 meeting of the Computer Technology Club. The meeting topics included a variety of items with the focus of the meeting being a look at new technology called Blockchain which is the underlying technology for Bitcoin.

The meeting kicked off with a look at several technology-oriented documents and one video plus one helpful kitchen preparation video. The first was titled **Windows versus Ford** ... this was a look at Ford's response to Microsoft's comments about the automobile industry if it kept pace with the Computer industries over the past 25 years. Next was an article on **Cell Phone Spying**. And, then a video titled **Wi-Charge** ... this was a look at the future where wireless charging would be the norm. And lastly a video on **Helpful Food Tips** ... this was a look at how you can use simple everyday items to restore food items back to their usable state.

Then we looked at several items included on the AU's Web-site, new items added to the Computer Page Reference section and/or to the Helpful Tips section. We also, explored several other sections of the AU Web-Site to let those in attendance know what is out on the AU Web-Site.

We then looked at an article Fred found on the importance of doing backup. And, also, some new ground rules that are going into effect on October 1st for Microsoft Office 365. **In addition, Fred asked about recycling of PC's etc. ... See page 8 for the Bergen County Recycling Program for 2018 — Recycling Electronics.**

The main topic for this month's meeting was Blockchain technology ... we reviewed several videos on what Blockchain is and its relationship to Bitcoin. The consensus was that we all had questions and there was a lot of confusion as to the whole use of Blockchain technology. What I need is for all to come up with some questions, email them to me so that at next months meeting we might be able to clarify some of the mystery.

In the Ask John segment John covered in detail the two items that I covered very lightly in the June 2018 meeting. These two items were cleaning off a PC when you are getting rid of it and secondly dealing with Fake Virus' ... both of the items are posted to the AU Web-Site under Helpful Hints. Please submit questions by email prior to our next meeting so that John can prepare his responses. And, during this session Dr. Botta came up with an interesting question regarding the Save and Send option in Microsoft Word ... I did some brief investigation and found out that this option is not available in Office 365. As such we will present some further clarification on this topic in next months meeting.

As with other items we discuss at our CTC Meetings all key items discussed are posted to the AU Web-Site on the Computer Technology Page (reference section) or under Helpful Hints section. I would like all to think about future topics as we need to pin down our topics for our meetings for November and December 2018.

Our next meeting will be held on Wednesday, October 17, 2018 at 10AM. The main topic for this meeting will be 5G wireless technology. I will send out the meeting agenda prior to the meeting. Thanks,

Donald A. Kirkpatrick (201-759-3795) or dakirkpt@verizon.net



The Science Club

At the September meeting, Murray Perl gave a great presentation on "The Science of Food and Nutrition-Facts fallacies and Frauds", partially based upon the various foods we eat at each meal-time. Time only permitted him to complete breakfast. He will continue with lunch and dinner at a future meeting in the fall.

A Questionnaire was both handed and emailed to all members present. Many excellent ideas were presented - the results will be summarized when available.

Please complete and return by email before September 30.

October 13, 2018 (10AM/ 4 PM) Lamont Labs Open House (\$5 donation) Car pool trip- those interested, please contact me - indicate if you are willing to drive.

November- plans are being finalized.

December--continuation of Great Courses (particle physics for non- physicists) starting where we left off in College, and heading to the Higgs field.

Thanks to those whose gave talks this past year. We are always trying to have additional people make presentations, and suggestions to improve our group are always welcome.

Jack Yurasek (201-337-4433) Email--Jyurasek@aol.com

Ridgewood Symphony Orchestra – Great music, close to home

The Ridgewood Symphony Orchestra is presenting four concerts in the upcoming year, which is its 79th. This is an opportunity to hear great music close to home at bargain prices. The orchestra consists of over 60 performers, both professional and amateur. Most concerts are held at the West Side Presbyterian Church. For a list of the music to be performed see: <http://www.ridgewoodsymphony.org/concerts/>

RSO is offering a special rate for the season to AU members who are new subscribers. Senior season rates are \$80. For new subscribers, AU members will pay half for the second subscription for a total of \$120. This is only \$15 per concert per person. To get the discount mail your check payable to RSO with "AU" in the memo section to: Ridgewood Symphony Orchestra, P.O. Box 176, Ridgewood, NJ 07451-0176. Please make sure your name and address are on the check, otherwise include a note. Tickets will be mailed to you.



Investment Study

The Investment Study Group October Meeting

The topic will be "Making the Most from Your Fixed Income Investments." It will review and discuss the current economic situation. How the economy and other factors affect the direction of interest rates. The anticipated direction of interest rates and investment strategies to meet the goals of safety, income and flexibility.

The speaker will be Mr. Nicholas G. Poulis, CFP®, CPRC®. He is First Vice President, Wealth Advisor with Morgan Stanley Wealth Management. He has a BA from Upsala College.

Date & Time: Oct. 11 at 9:30 AM

Place: 3rd floor WRC Office & Kindergarten Bldg.



The Book Club

The September meeting is the start of our "season" and at this gathering we each submit up to 3 books to compile a list that will form a reservoir, which can be expanded as the year progresses, to select titles to discuss at subsequent meetings. The turnout was excellent and even some who were not able to attend forwarded their selections to add to the list. We each announced our choices, along with the author and brief description of the contents. In doing so it is now evident that we can look forward to a compelling and provocative year of non-fiction, fiction and short stories. The total count was 39. The list will be compiled and distributed to all at the October meeting.

We then selected books to read and discuss for October and November meetings to get the year rolling. Meetings format will continue as in the past. Attendees are not expected to read all three selections, just what one desires. Maybe even none. Each book is summarized by the person who suggested it and then discussion takes place.

Books for October

Boys Adrift by Leonard Sax

King Leopold's Ghost by Adam Hochschild

Born A Crime by Trevor Noah

Books for November

The Death of Democracy by Benjamin Carter Hett

The Last Castle by Denise Kiernan

Killing England by Bill O'Reilly and Martin Dugard

We would encourage all AU members to attend our meetings. You don't need to participate. Just come and enjoy. We're a very cordial and down to earth group.

2018

BERGEN COUNTY UTILITIES AUTHORITY

RECYCLING EVENTS FOR BERGEN COUNTY RESIDENTS

PARAMUS

Bergen Community College
400 Paramus Road

SUNDAY ⋮ **SATURDAY**
April 29th ⋮ **August 18th**

9:00 am - 2:00 pm • Rain or Shine

MAHWAH

Bergen County Campgaw Mountain Reservation
200 Campgaw Road

SATURDAY ⋮ **SUNDAY**
June 9th ⋮ **October 21st**

9:00 am - 2:00 pm • Rain or Shine

TIRE RECYCLING



Give your tires one last spin – recycle them!

Four (4) tire limit, per delivery.

Tires with or without rims accepted.

ELECTRONICS & COMPUTERS



Recycle one “byte” at a time – bring us your electronics and computers!

Recycle laptops, monitors, cables, wires, speakers, computers, televisions, stereos, printers, and more!

MOBILE PAPER SHREDDING



Give your paper a safe retirement – shred it!

Recycle your confidential documents such as, bills, receipts, tax returns, medical records, legal documents, etc. safely by shredding them. (Recycle magazines and non-confidential paper at curbside.)

In an effort to accommodate everyone, there is a limit of four (4) bags/boxes, weighing no more than 10 lbs. each.

Paper clips and staples are acceptable. Please remove binder clips.

Shredding performed immediately on-site.



Recycle!
Printed on recycled paper.

***Safe and free collections for Bergen County residents.
Proof of residency is required.
No business/commercial waste will be accepted.***

For additional information, call the Bergen County Utilities Authority Environmental Programs Hotline at 201-807-5825 or go to www.bcua.org.



ACTIVITIES



UNLIMITED



**Thirty-Second Annual
Christmas Dinner Dance**

Location: Seasons — 644 Pascack Road (corner of Washington Ave.), Washington Township, NJ

Date: Monday, December 10, 2018 (5:30PM to 9:30PM)

Cocktail Hour: Starting at 5:30PM—6:45PM

Hors D’oeuvres: A variety of tempting taste treats

Choice of Entrée: Selection of Beef, Chicken or Fish to be made at the table

- Four hour open bar (5:30PM to 9:30PM)
- Dance to music by Peter Lieberman

Price: \$69.00 per Person —Make Checks Payable to **Activities Unlimited**

Reservation: Detach and return reservation form below to: **Bill Mastellon**
101 East Oak St — G6
Oakland, NJ 07436

Reservation — Cutoff date is 11/15/2018 With Your Payments Seating Assigned by order of Receipt

For group table reservations of 8 or more please include all names below and checks for the table.



Reservation \$69.00 per person
 Make Checks Payable to: **Activities Unlimited**

Member Phone Number (____) _____
 email: _____

1 _____

Member (First) - **Please Print** - (Last Name)

2 _____

Guest (First) - **Please Print** - (Last Name)

If you have a preference to sit with friends at the same table **PLEASE CONFIRM** with them and list their names on the right and ask them to list their associated names sitting at the table on their reservation. - Example: one name per line— ex: Bill Smith, Mary Smith. **For group table reservations of 8 or more please include all names and checks for the table.**

Check Box for random table

Return Reservation to: Bill Mastellon,
101 E Oak St — G6, Oakland, NJ 07436

First Name - Please Print - Last
3
4
5
6
7
8
9
10
11
12
Max of 12 people per table — Table seating preference is assigned in the order that payment is received.

Confirmed Members and/or Guests that you would like to sit with

The Wine Tasting Party and Social

